



Shuswap Ringette Association Coach / Bench Staff Application

NCCP Number

First Name	Last Name
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Home Phone Number	Cell Number	Work Phone Number
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Email address	Date of Birth YYYY/MM/DD
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Mailing Address	<input type="checkbox"/> Male <input type="checkbox"/> Female
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City	Province	Postal Code
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Position Desired: Head Coach Assistant Coach Trainer Manager Coach-in-Training

Level: Bunnies (U9) Novice (U10) Petite (U12) Tween (U14) Junior (U16) Belle (U19)

Do you wish to coach if your child is not at this level? Yes No

Shuswap Ringette Association supports the National Coaching Certification Program (NCCP), providing training and certification for all Ringette Coaches and Managers in the association. All Coaches and Managers are required to be trained and/or certified, according to BCRA Coaching Certification policy and Ringette Canada Coaching Requirements, for all Sanctioned Events. For the first part of the season, any new Coaches and Managers who are considered "In-Training" will need to provide proof that they are registered in the appropriate coaching course.

Qualifications, please complete the following as best as you can, contact the Director of Coaches for assistance.

Program	As per Ringette Canada Coaching Requirements	I have taken	I need to take	In-Training
Prevention in Motion	Required by all Bench Staff			
Managers Certification Program - Certificate # _____	Required by all Managers			
Making Ethical Decisions (MED)	Required by all Coaches			
Community Sport Initiations (CSI)	Required by all Coaches coaching levels C & B			
Competition Introduction (CI-1) - Trained	Required by all Coaches coaching level A or higher			
Competition Introduction (CI-2) - Certified	Required by all Coaches coaching U16 or U19 level A or higher			
First Aid, indicate which levels First Aid Certificate # _____	Required by all Trainers			
Other Certification/Coaching Courses you may be taken from another sport: (Example: Speakout, More then Just a Game)				

Shuswap Ringette requires that all Bench Staff submit an RCMP Criminal Record Check. Criminal Record Checks are valid for two years. Completed Criminal Record Check attached to application Yes No

Previous Coaching Experience (Include season year, division, level and results):

Season Year	Division	Level	Results

List any other Coaching Experience with other sports:

Explain your Coaching Philosophy: (Could include parent/player communication, leadership, officials, and any other special programs you use or would like to implement.), attach separate piece of paper if required.

**Submit Completed form prior to August 1st to:
Shuswap Ringette Association—Registrar
Box 866
Salmon Arm, BC V1E 4N9**

Registrar Use:

Team Assigned to: Bunnies (U9) Novice (U10) Petite (U12) Tween (U14) Junior (U16) Belle (U19)

Criminal Record Received: Yes No Year Received: _____

Entered into Karelo # _____

Coach Self Evaluation Tool

Name: _____

The purpose of this tool is to assist you in identifying the areas of coaching that you need to improve upon. Give yourself an honest rating under each category. Once you have completed the evaluation, total your score and see how you measure up on the CABC Coach Meter below.

(1) Strongly Disagree (2) Disagree (3) Agree (4) Strongly Agree

Organizational Skills

- | | |
|---|---------|
| 1. I arrive on time | 1 2 3 4 |
| 2. I dress appropriately | 1 2 3 4 |
| 3. I always prepare a practice/training session plan with logical progressions | 1 2 3 4 |
| 4. I challenge all athletes | 1 2 3 4 |
| 5. I show concern for the health and safety of all of my athletes during practice and competition | 1 2 3 4 |
| 6. I set clear boundaries for athletes | 1 2 3 4 |
| 7. I have the ability to treat minor injuries and exhibit reasonable conduct when handling accidents or emergencies | 1 2 3 4 |

Instructional Skills

- | | |
|---|---------|
| 8. I introduce skills clearly and accurately | 1 2 3 4 |
| 9. I demonstrate skills properly and uses correct techniques | 1 2 3 4 |
| 10. I ensure that the activity is suitable for the age, experience, ability and fitness level of each athlete | 1 2 3 4 |
| 11. I encourage questions and creates a non-threatening practice environment | 1 2 3 4 |
| 12. I explain the reason for doing the activity/drill | 1 2 3 4 |
| 13. I assist in the development of short and long term goals, for each athlete and for the team | 1 2 3 4 |
| 14. I have the ability to analyze player's strengths and weaknesses | 1 2 3 4 |

Communication and Interpersonal Skills

- | | | | | |
|--|---|---|---|---|
| 15. I am enthusiastic and positive | 1 | 2 | 3 | 4 |
| 16. I am dedicated to the sport and the team | 1 | 2 | 3 | 4 |
| 17. I demonstrate a sense of fair play and promotes sportsmanship | 1 | 2 | 3 | 4 |
| 18. I am patient and tolerant | 1 | 2 | 3 | 4 |
| 19. I am honest and fair | 1 | 2 | 3 | 4 |
| 20. I am a good role model and sets a positive example at all times | 1 | 2 | 3 | 4 |
| 21. I have a sense of humour | 1 | 2 | 3 | 4 |
| 22. I treat all players equally and enforce team rules consistently | 1 | 2 | 3 | 4 |
| 23. I use appropriate verbal and non-verbal communication | 1 | 2 | 3 | 4 |
| 24. I find a way to make all the athletes feel good about themselves | 1 | 2 | 3 | 4 |
| 25. I know when to use discipline and when not to | 1 | 2 | 3 | 4 |

OVERALL MARK TOTAL: _____

CABC Coach Meter:

- 75 – 100 **Excellent**, you are a well organized coach and have great communication skills. Keep up the good work and continue your coaching development through further training, education and certification!
- 50 – 75 **Good**, you have mastered some of the necessary skills but need to improve certain areas of your coaching expertise. Contact the Director of Coaches to find some resources available for your specific needs.
- 25 – 50 **Needs Improvement**, you could use some help in some areas of your coaching and would benefit from more interaction with other coaches in our association and from exploring and accessing the considerable resources on the website at <http://www.bcringette.org/web/PlainHTML.aspx?idPage=130>
- 1 – 25 Please contact the Director of Coaches about signing up for the NCCP program to develop your coaching skills and to make you more comfortable and effective in fulfilling your coaching responsibilities. You have what it takes to become a great coach one day!

Please submit the completed Coach Self Evaluation Tool along with your Coaching Application.
